

Staff Picks



Books About Being Sick

It's no fun being sick, but these books are good company, helping to keep children entertained - and informed - while they're recovering, or any time!

Compiled by: Children's Services Staff

Picture Books



A Sick Day for Amos McGhee

Philip C. Stead (Juvenile Picture Books - Ej Ste)

Amos McGee, a friendly zookeeper, always made time to visit his good friends: the elephant, the tortoise, the penguin, the rhinoceros, and the owl. But one day--'Ah-choo!--he woke with the sniffles and the sneezes. Though he didn't make it into the zoo that day, he did receive some unexpected guests.



Bear Feels Sick

Karma Wilson (Juvenile Picture Books - Ej Wil)

When Bear is too sick to play, his animal friends go to his cave to make him soup and tea and keep him company.



Dear Daisy, Get Well Soon

Maggie Smith (Juvenile Picture Books - Ej Sm)

When his friend Daisy gets sick, Peter sends her more gifts each day of the week until she feels better.



Don't You Feel Well, Sam?

Amy Hest (Juvenile Picture Books - Ej He)

When Sam has a cough, Mrs. Bear tends to him all through the cold night.



Felicity Floo Visits the Zoo

E. S. Redmond (Juvenile Picture Books - Ej Red)

Why are the hyenas crying boo-hoo? And what gave the rhino a sickly green hue? It starts when Felicity Floo wipes her red, runny nose and transfers the goo ... a cautionary tale about the virtues of clean hands and tissues.



Felix Feels Better

Rosemary Wells (Juvenile Picture Books - Ej We)

Felix feels bad and does not want to eat or play, so his mother takes him to Doctor Duck, who makes everything better.



Germs

Ross Collins (Juvenile Picture Books - Ej Co)

Pox, a young germ on his first assignment, not only refuses to infect a girl with chicken pox, he also helps defend her from other germs and, for his heroism, is made Honorary Chief of the Immune System.



How Do Dinosaurs Get Well Soon?

Jane Yolen (Juvenile Picture Books - Ej Yo)

Describes what a young dinosaur should do in order to quickly get over being sick.



Little Brown Bear is Sick

Claude Lebrun

(Juvenile Picture Books - Ej Le)

Little Brown Bear has a bad cold.



Llama Llama Home with Mama

Anna Dewdney (Juvenile Picture Books - Ej Dew)

Llama Llama's mother takes good care of him when he has to stay home from school because he is sick, but when Mama Llama begins to feel sick, too, Llama Llama knows how to take care of her.



My Cold Went on Vacation

Molly Rausch (Juvenile Picture Books - Ej Rau)

A little boy is curious about all the places his cold might go after it leaves him.



The Flea's Sneeze

Lynn Downey (Juvenile Picture Books - Ej Do)

A flea with a cold startles all the animals in the barn when it sneezes unexpectedly.



The Sick Day

Patricia MacLachlan (Juvenile Picture Books - Ej Mac)

Emily's father takes care of everything the day she has a "stomach ache in her head."



The Sniffles for Bear

Bonny Becker (Juvenile Picture Books - Ej Bec)

Certain that no one has even been as sick as he is, Bear resists Mouse's efforts to cheer him and cure his cold.



When Vera Was Sick

Vera Rosenberry (Juvenile Picture Books - Ej Ro)

When spots break out all over her body, Vera must stay in the sick room where it is lonely and scary and where she can't fall asleep.



Germs Make Me Sick!

Melvin Berger (Juvenile Nonfiction - J 616.92 Ber)

Explains how bacteria and viruses affect the human body and how the body fights them.



Germs! Germs! Germs!

Bobbi Katz (Juvenile Nonfiction - J 616.01 Ka)

Germs describe in rhyme how they attack the body to cause illness and how careful people make life difficult for germs.



Scholastic's The Magic School Bus Inside Ralphie: A Book About Germs

Beth Nadler (Juvenile Nonfiction - J 616.079 Na)

When Ralphie is home sick, the Magic School Bus travels through his bloodstream to find out how germs made him sick-and how his body can make him well again.

Early Readers



I Have a Cold

Grace Maccarone (Juvenile Early Readers - J-ER Mac)

A sick child describes how it feels to have a bad cold.



Mr. Putter & Tabby Catch the Cold

Cynthia Rylant (Juvenile Early Readers - J-ER Ryl)

When Mr. Putter catches a cold, his friend Mrs. Teaberry sends over some special treats to help him feel better.

