

Weight Control

Overeaters Anonymous

Click on the title to view upcoming meetings at the library and links to similar organizations.

Website	http://www.oa.org/
Phone	812-335-3839
Description	OA is a fellowship of men and women who help each other arrest their disease of compulsive overeating one day at a time. Our primary purpose is to abstain from compulsive overeating and to carry this message of recovery to those who still suffer.
Subjects	4 - Health Support Groups Weight Control
Updated	October 15, 2014



TOPS #IN 0131

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Website	http://www.tops.org/
Contact	Hester Morris (Coordinator)
Phone	812-232-4751
Address	St. Paul's United Methodist Church 4201 W. 3rd St. Bloomington, IN 47404
Description	A support group to help people lose weight sensibly. Call for information. TOPS stand for Take Off Pounds Sensibly. Meeting day: Wed Meeting time: 6:30/7:00 PM Meeting Location: St. Paul's Methodist Church
Additional Contact	Robert Day (Area Captain)
Phone	317-838-7165
Subjects	4 - Health Support Groups Weight Control
Updated	October 15, 2014

