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Mental Health

Bi-Polar/Depression Support Group

Contact Valerie Markley **Phone** 812-332-7164

Email markley[at]indiana [dot] edu

Hours 7-9pm

Description Meets the 1st and 3rd Thursday of the month.

Subjects Mental HealthSupport Groups

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Schizophrenic Anonymous

URL http://www.sardaa.org/

Contact Valerie Markley (Contact Person)

Phone 812-323-9720

Email markley[at]indiana [dot] edu

Fairview United Methodist Church, Wesley Room

Address 600 West 6th St Bloomington, IN

Hours Every second and fourth Thursday, 7-9pm

Free and confidential support group for people with Schizophrenia.

Description

Meets second and fourth Thursday at 7:00 pm at the Fairview United

Methodist Church.

Subjects Mental HealthSupport Groups

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TLC (Together we Learn to Cope)

URL http://www.namibloomington.org/what_we_do.html

Phone	339-1551 ext. 17
Hours	first Monday of each month at First United Methodist Church., Room 302 at 7:00 pm.
Description	Support, education and advocacy for family and friends of people affected by severe mental illness.
Subjects	Mental HealthSupport Groups
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Bloomington Hospital Home Health & Hospice Bereavement Support Group

URL	http://www.iuhealthbloomington.org/oth/Page.asp?PageID=OTH000212
Contact	Susan Dovenmuehle (Coordinator)
Phone	812-353-9818
Description	Adult bereavement groups are held in the winter, spring and fall months and facilitated by our Bereavement Coordinator. The groups are free and open to anyone in the community. Call for more information.
Subjects	Family CounselingHealth ServicesHospiceMental HealthSpeakers Bureaus Terminal Care
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Centerstone - Columbus Location

URL	http://centerstone.org/
Phone	812-348-87449
Description	Formerly known as Elderhouse, Centerstone seeks to prevent and cure behavioral health disorders. It provides services in Bloomington and surrounding communities.
Subjects	HousingMental HealthSocial ServicesSupport Groups
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Centerstone Research Institute

URL	http://centerstoneresearch.org/
Contact	Dr. Dennis Morrison (Chief Executive Officer)

Phone	812-337-2302
Email	contact[at]centerstoneresearch [dot] org
Description	Formerly known as South Central Indiana Mental Health Center. Seeks to improve the way mental health care is delivered.
Subjects	AlcoholismDrug AbuseFamily ServicesMental HealthPeople with disabilities
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Center for Human Growth

URL	http://portal.education.indiana.edu/Default.aspx?alias=portal.education.indiana.edu/cent
Contact	Dr. Lynn Gilman (Director)
Phone	(812) 856-8302
Email	centgrow[at]indiana [dot] edu
Address	Indiana University School of Education 201 N. Rose Ave. Bloomington, IN 47405
Hours	Monday through Friday, 8am - 5pm
Description	The Center for Human Growth was established in 1970 as a counseling center for reside of south central Indiana. Clients include members of the community as well as people associated with Indiana University. The center is staffed by graduate students in the Department of Counseling and Educational Psychology at Indiana University. Each stude counselor receives supervision from a faculty member or an advanced graduate student being supervised by a faculty member.
Subjects	CounselingMental Health



NAMI - National Alliance on Mental Illness

http://www.namibloomington.org/
Jill Taylor (President - Board of Directors)
812-369-3119
info[at]namibloomington [dot] org
P.O. Box 7794 Bloomington, IN 47407

The purpose of NAMI Greater Bloomington Area is:

- To provide emotional support, education, and advocacy for persons with mental illness, their families, and friends

Description

- To promote better quality of care, rights, and interests of citizens with mental illness, particularly of those who cannot speak for themselves
- To advocate policies at the local, state, and national levels to accomplish these objectives

Subjects

Mental HealthSupport Groups

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